





Important documents:

## Pack list general

Please check in the additional notes, if you need further things to pack.

po.	turit documents.	
	ID card	
	(Student ID or passport; from the age of 16, an official ID card is required)	
	Health card or details about private health insurance	
	Emergency numbers	
	Consent form for external administration of medication	
	Tickets/Deutschlandticket	
	(Please only bring it with you if you already have it. A separate purchase is not necessary.)	
Medication (as needed or according to personal assessment):		
	Headache pills	
	Plaster	
	Insect repellent, e.g. Autan/Insect ointment, e.g. Fenistil	
	Ointment for wounds, e.g. Bepanthen	
	Remedy for travel sickness	
	Small hot water bottle (e.g. for stomach ache)	

## Important note regarding bed linen and towels:

Towels are not provided in any accommodation and must always be brought along.

Bed linen is provided **by the accommodation** in the following locations: Cochem, Cuxhaven, Kiel (sailing ship), Konstanz, Lindau, Leipzig Markkleeberg, Mardorf, Mimbach, Möhnesee, Norderney, Ratingen, Ronneburg, Schloss Ortenberg, Winterberg

In the following accommodations, bed linen (pillowcase 80x80 cm, duvet cover 135x200 cm, fitted sheet 90x200 cm – standard size) **must be brought along**:

- Goch
- Heide Park Soltau (fitted sheet provided)
- Langeoog (fitted sheet provided)
- Leipzig Grillensee
- Rauschenberg
- Rügen-Ummanz
- St. Peter Ording
- Wartaweil



## Packing list for day camps:

- Pencil case with scissors, pens, and glue
- Weatherproof clothing and, if needed, swimwear
- Lunchbox and refillable water bottle, plus snacks for the day if desired
- → At some locations, children prepare their own packed lunch in the morning during breakfast. Further details can be found in your travel documents.

Clothing and shoes:		
	Underwear and socks	
	Weather-appropriate clothing: rain jacket, cap	
	Sports clothing, sports shoes (indoor/outdoor)	
	Bathing clothes: swimsuit, bikini	
	Bathing shoes	
	House slippers (warm socks)	
	Backpack	
	Sun glasses	
Hygiene and care:		
	Toothpaste and toothbrush	
	Deo (no sprays)	
	Shampoo and shower gel	
	Soap	
	Cream	
	Handkerchiefs	
	Hairbrush, hair tie	
	Towels (Shower, hands, swimming)	
	If needed: Hair dryer (security-approved)	
	Bag for dirty laundry	
	Sun cream and After Sun lotion	
	Disinfectant	
Sleeping:		
	Bed linen (according to location)	
	Pyjama	
	Earplugs	

Extra pillow (Tip: also great for travelling to and from camp)



	Alarm clock (if waking up before the official time is desired – mobile phones are no available during nights)	
Miscellaneous:		
	Pencil case with scissors, pens and glue	
	Bottle for refill	
	Lunch box	
	Flashlight	
	Glasses, contact lenses and cleaning agent, case	
	Braces and case	
	Small lock to use suitcase or bag as a safe	
	Evening lecture	
	Small umbrella	
	If desired: souvenir from home, e.g. family photo	



Very important:		
	Charger/Powerbank	
	Pocket money (approx. 20 € per week)	
	ral note: Please be aware that cupboards in youth hostels can be very small, so parts of your ge might stay in the suitcase. Please do not give your child larger amounts of sweets to camp.	
Pack	list additional notes:	
Clenz	e, Goch, Mimbach (Horse riding camps):	
	Clothing for riding (if available)	
	Riding helmet	
	Riding shoes or rubber boots	
	Trousers without sturdy inner seam	
Note:	Riding helmets can eventually be provided at the location.	
Mardo	orf (Golf camp):	
	Own golf bag (if available)	
	ID card (with license to play golf courses)	
Sailin	g ship Swaensborgh:	
	Scarf, shawl, warm socks	
	Weather resistant jacket, rain trousers, trekking shoes, sturdy sandals (no shoes with heels or leather soles)	
	Non-slip gloves	
	Towel, washcloth	
	A valid passport or identity card is required!	
with s	Due to space reasons, please do not bring suitcases but foldable bags. Cabins are provided ockets with 220 V. During sailing, power supply is not always guaranteed. In harbours at power supply is possible through shore power or the own power unit.	
Umma	anz/Rügen (Watersports camp):	
Equip	ment will be provided by the surfing school (except surfing shoes).	
Winte	erberg (Ski camp):	
Equipment will be provided by organizer.		
Riding	g Camps:	
Goch,	Mimbach, Rauschenberg	